

Fællesskabsbudgetter – Projekt FællesSkaberne – Forankring

Oplæg Karlstad kommune - 3. september 2025



Explainer: Sådan vil vi hjælpe unge i udsatte positioner



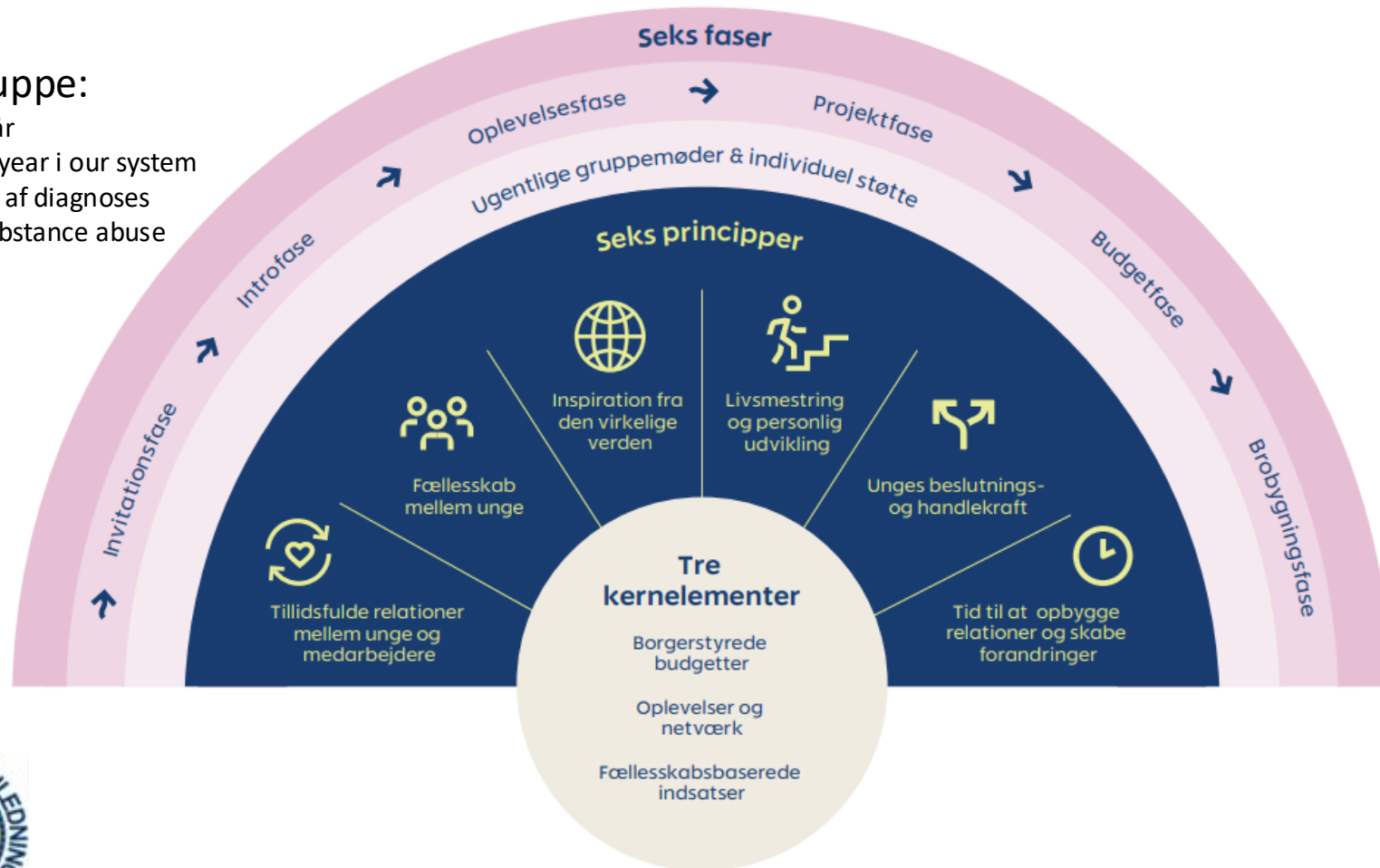
SUS



POUL DUE JENSEN / GRUNDFOS
FOUNDATION

Målgruppe:

- 18-25 år
- Min. 1 year i our system
- Variety af diagnoses
- OBS substance abuse



Introfase

Purpose: To create a good foundation for being a part of the group

Content:

1. Small exercises where the young people and "us /the employees" get to know each other - Having fun and playing games
2. Rules in the large group and in the reflection groups.



Introfase

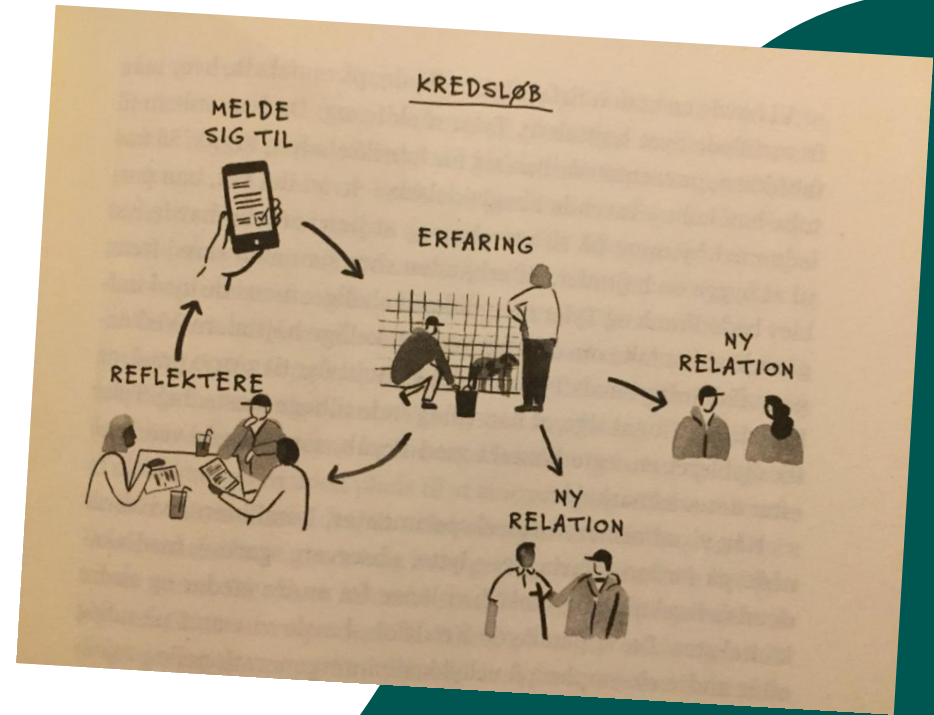


Oplevelsesfasen

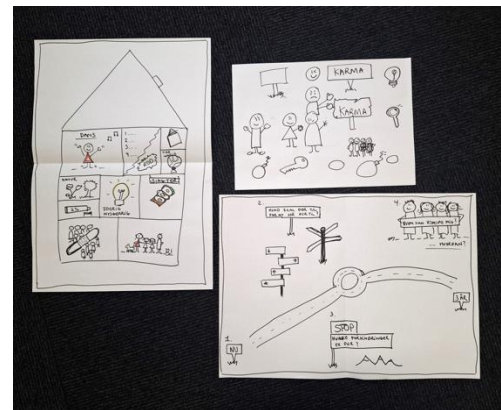
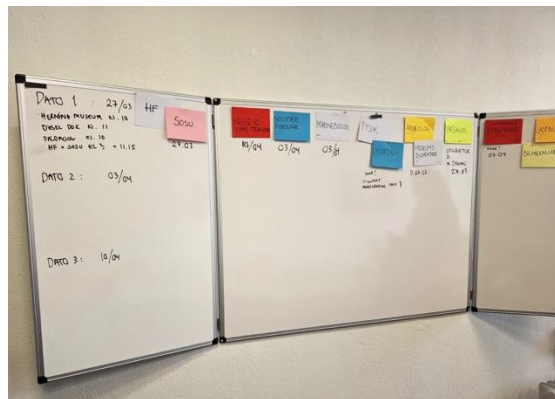
Purpose: To gain inspiration, relationships, networks

Content:

1. The young people meet experience hosts from companies, education programs, and cultural institutions.
2. After meeting the experience hosts, the young people reflect in small groups/or in the big group, about the experience in relation to their wishes for the future.



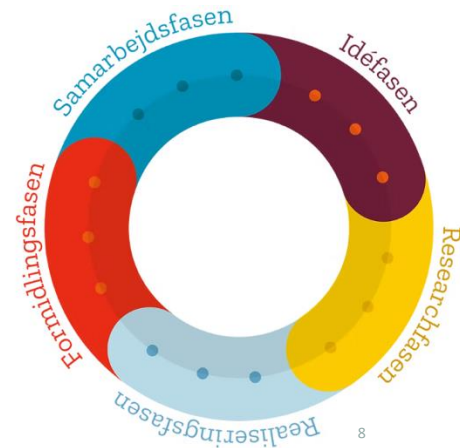
Oplevelsesfasen



Projektværkstøjskassen – Ryslingemodellen

Purpose: To obtain tools that can be used in the budgetphase and education/job

- The young people are divided into working groups , where they work with a project assignment
- Ex. The terminal is an activity place for everyone. The terminal wants ideas for an event for 18-30 year olds that can highlight the activities and community that exists in the building
- Through a teaching process, the groups work with differens tools – we get inspired by Ryslinge-modellen and the 5 steps: **Teamwork, ideas, research, realization and convay.**



Projektværkstøjskassen



Budgetfasen

Purpose: To find out what can bring young people closer to jobs and education

Content:

1. Through reflektion in the group, with family and us, the young people are in a proces to choose what they would like to spend their money/funds on, so that they can change their situation and get closer to jobs or education
2. In the project they received between 10,000-15,000 kr
Now they can apply for 1 thing that brings them closer to a job or education



Hvad har de unge primært brugt deres penge på?

Jo større cirklen er, desto flere har brugt penge på den pågældende kategori.



Fysisk træning og
træningsudstyr
Terapi og behandling
Rejser



Kurser



Diverse, fx bøger,
kædedyne,
briller, kontorstol



Transport,
fx kørekort
og cykler



Computer og
elektronisk
udstyr

Drejbog FællesSkaberne Møde

Intention:

Desired Outcome:

☐ A, R & T: Se nedenfor

Tidspunkt	Tid	Programpunkt	Ansvarlig
12.00	10	Rammesætning – hvad skal vi i dag + Snack	
12.10	10	Tjek ind + <u>Ice-breaker</u>	
12.20	30	Emne:	
12.50	10	Pause	
13.00	30	Emne:	
13.30	10	Refleksion over:	
13. 40	15	Planlægning af næste gang	
13.55	5	Kort om næste gang + Oprydning + Tjek ud	



Thoughts - reflections?



Dagens output - refleksioner

- Hvad tager jeg med hjem?
- Hvad kunne være oplagt at arbejde videre med i min praksis?
- Hvilke erfaringer findes i min praksis i forhold til at styrke den enkelte unges livsmestring gennem fællesskaber?
- Hvilke dele af Fællesskabsbudgetter inspirerer mig i forhold til arbejdet med udsatte unge?

